

INGREDIENTS

Registered Cold Process MASS PRO Ultimate Whey Protein Concentrate, Whey Isolates, Alpha EFX Colostrum, salt. No additives or artificial anything.

DIRECTIONS

Add 1-2 scoops to taste in 4-10 ounces of milk, water or juice. Just a few turns of the spoon or shakes in a shaker bottle and **MASS PRO** is good to go. Blend with fruit and ice cubes for a delicious, healthy shake!

WHEN: Always after exercise and 1-3 times daily between meals or anytime you want to add the best muscle, fitness and health boosting protein to your diet. **TIP:** Spoon into oatmeal, yogurt, etc. Add to your favorite pancake, muffin or cookie recipe for a big protein boost!

Since 1993, The **TRUSTED SOURCE**
Get the Real Results you want



1.800.ASK.MASS / www.MuscleMASS.com

MASS PRO[®]

NEW Advanced Formula
400% MORE EFFECTIVE
For Athletic Performance Verses
Whey Protein Alone! ^{1,2}

Lean Muscle Building • Health & Fitness Boosting
Ultimate WHEY PROTEIN

- All-Natural 'MASS PRO MVP'
- Low Fat - Low Carb - Lactose Free
- No Aspartame, Sucralose or added sugar
- Maximum BCAA, Taurine & Glutamine Peptides
- ALPHA EFX[™] Colostrum Enhanced - Instant Mixing

2.12 lbs (960g)

MASS PRO

Precision Engineered Protein

- The most undenatured, biologically active protein you can buy - at any price
- Highest concentration of all ten Essential Amino Acids for constant state nitrogen and immune system support
- Highest Branched Chain Amino Acid levels to prevent catabolism and speed muscle tissue growth & repair
- Highest concentrations of Glutamine & Taurine Peptides for peak protein synthesis, cell volume and immune function
- ALPHA EFX Colostrum Enhanced for maximum muscle building, fat loss and health boosting effects

*Make no mistake,
there's only ONE genuine
MASS PRO Whey Protein*

NUTRITION FACTS

Serving Size: 30g (1 scoop)
Servings Per Container: 32

Amount Per Serving (in water)

Calories 120

Calories from fat 15

%Daily Value

Total Fat 2.0g

3%

Saturated Fat 1.5g

8%

Cholesterol 0mg

0%

Sodium 85mg

4%

Total Carbohydrate 2.0g

1%

Dietary Fiber 0g

0%

Sugars 2g*

0%

Protein 24g

25%

Vitamin A

10%

Vitamin C

0%

Calcium

0%

Iron

Percent daily values based on a 2000 calorie diet. Your daily values may be higher or lower depending on calorie needs.

Allergen Statement: Contains Milk

Only 2g Carbs & 24g Protein per scoop!

*No added sugar, fructose or sucrose.
Aspartame & Sucralose free.

References:

1. Coombes, JS et al. Dose effects of oral bovine colostrum supplementation on physical work capacity in cyclists.

2. Medicine & Science in Sports & Exercise (34, 7:1184-88, 2002)

Consult your health professional before starting a new exercise and nutrition program. Statements not evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.